

Why should I get the flu shot if I'm pregnant?

Changes in the immune system, heart, and lungs during pregnancy make pregnant people more prone to severe illness from the flu

Creates antibodies to pass along protection to babies for the first several months after birth

Lowers risks of pregnancy complications like preterm labor/birth

Reduces risk of hospitalization due to the flu by an average of 40%

Vaccination can reduce the risk of flu-associated acute respiratory infection by about 50%

Vaccines have safely protected millions of pregnant people and their developing babies