RSV AUDIO SUMMARY

January 2024

Summary

RSV is a common respiratory virus that infects the lungs and respiratory system, causing illness ranging from mild cold-like symptoms to severe lower respiratory tract disease.

• RSV is most common in young children and the elderly but can affect people of all ages.
• RSV infection can cause severe illness in previously healthy children, especially those under 6 months of age, and in people with weakened immune systems.
• Pregnant women can also be affected by RSV, though infection during pregnancy is generally not associated with severe illness.

Prevention and Treatment

• Prevention involves good hygiene practices such as勤洗手, wearing masks in public, and avoiding contact with sick individuals.
• Treatment options include antiviral medications such as Amgen's Flumadex and Roche's Vitekta.
• Supportive care, such as oxygen therapy and hydration, is also important for managing symptoms.

Additional Resources

For more information, visit the CDC website at cdc.gov/rsv or the American Heart Association at heart.org.