

# Bo modengei lmetem el melai er a orus

## 01

A kot diak mosbech a SS er a kau malechub eng insurance.

Diak el sebechrir dmu er a kau el kmo diak el sebechem el melai er tial ours e leng diak a insurance er a kau malechub eng SS er a kau.

## 02

Tial orrus er a COVID-19 a tada el mora rechad el kiei ra beluu er a Merikel.

A basio el bo molai ra orus er a ngii a diak el sebechrir charge era kau a cheral a orus ma ngdil fee el kirel tial orrus.

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Al ngara ngii a ngodech el kirem makechub eng soam elm o medengei em call ra rechad ra community-based organization er kau malechub eng sebechem el di email er a kemam er tiakid el email:

[covid@apiahf.org](mailto:covid@apiahf.org).

Al soam a lmuut el bebil ra resource e bor tiakid el website: [AA-NHPIHealthResponse.org](http://AA-NHPIHealthResponse.org)



*This resource is supported by the Centers for Disease Control and Prevention of the U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$5,117,633 with 100 percent funded by CDC/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by CDC/HHS, or the U.S. Government.*

# Subed el kirel tial Orrus el kired el melai er a ngii

## Kirem/kired:

- Mnguu tial orrus! Tial orrus a klou a ultutelel om nguu leng melekau ra kau ma telungalk er a kau ma community er a kau.
- Mnguu tial orus a om blam bom secher er a COVID e mla mo merek mnguu a orus, alsekum ke kora dirke smecher er a COVID-19 em hal ra melai ra orus.
- Melemolem el lo masku e mengeroid er a kau ma rechad , even though kau a mla nguu sel kot el orsum.

## Don't:

- A orrus a di tada ng diak a uduoud el om harau er a ngii el melai ra orrus
- Diak a belkul a mouchais el kmo ke chad er a ker sel molai er tial orrus, le tial orrus a mora rechad el rokui, ngdil el cha del seebechel nguu a orrus a sebechel nguu.
- Kmal betook a chisel tial orus, ngdi tial orus a diak a ngerang el temelet er a kau, kmal lungil protect er a kau.

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