



1. JIEX GORN DORNGX NDIE-NQAEQV NYEI TONG FIENX

MAAIH MBUOQC ZIEX NYUNGC NDIE-NQAEQV? HNAANGV HAIX NOR TENGX DUQV MBUO?

Yiem Faah Hlaax 2021 (March 2021), maaih buo nyungc ndie-nqaeqv FDA hungh jaa nqoi nzuih bun longc:

- Pfizer-BioNTech COVID-9 Ndie-Nqaeqv, nqoi nzuih bun longc Ziepc Nyeic Hlaax 11, 2020
- Moderna COVID19 Ndie-Nqaeqv nqoi nzuih bun longc Ziepc Nyeic Hlaax 18, 2020
- Johnson & Johnson Ndie-Nqaeqv, nqoi nzuih bun longc Nyeic Hlaax Nyeic-Ziepc Cietv 2021

COVID-19 Ndie-Nqaeqv naaic tengx mbuo nyei sin zaangc zieqv mv deix baengc caux tengx mbou borngx baengc. COVID-19 Ndie-Nqaeqv yaac tengx mbuo mv bun maaih kouv aengx tengx heng mv'deix lungh ndiev baengc.

AENGX MAAIH DIEH NYUNGC NDIE-NQAEQV MBENC JIENV NYEI?

Aeqc. Yiem Ziepc Nyeic Hlaax 28, 2020, maaih mbenc domh zaah dimv nyei dorngx bun mv deix i nyungc COVID-19 Ndieh-Nqaeqv yiem naaiv Meiv Guoqv Da'Bung:

- AstraZeneca's COVID-19 Ndie-Nqaeqv
- Novavax's COVID-19 Ndie-Nqaeqv

IH ZAANC MAIH NQOI NZUIH LIUZ NYEI COVID-19 NDIE-NQAEQV BUN FU'JUEIV NYEI?

Ih zaanc maiv maaih nqoi nzuih jiex nyei COVID-19 Ndie-Nqaeqv bun fu'jueiv hnaangx-jeiv gauh lunx ziepc luoqc hnyaangx. Mbuo maiv hiuv duqv haiv zaanc haaih maaih nqoi nzuih daaih nyei COVID-19 Ndie-Nqaeqv bun fu'jueiv. Mv baac mbuo hiuv nor, Pfizer caux Moderna ndie-nqaeqv zaah mangc jienv bun fu'jueiv yiem hnyaangx-jeiv 12yrs to 17yrs nyei guan.



SEARAC

2. MBENC CAUX NDIE-NQAEQV GUNV LONGX NYEI JAUV-LOC

MBENC COVID-19 NDIE-NQAEQV NYEI JAUV LOC NAIC HAIV NYUNGC?

Mbenc COVID-19 Ndie-Nqaeqv naic maaih ziex kang nyei jauv-lox daaih zaah mangc naaiv ndie-nqaeqv maav maaih hoic cuotv bun mienh, yaac caux maaih ziex cin nyei buonc juangz jienv zox nyei mienh tengx seix mangc ndaangc. FDA hung h jaa maaih nzoih nzengx cuotv daaih nyei fiex nor ninh mbuo haaih nqoi nzuih daaih mbuox tong domh zuangx mienh mv deix ndie-nqaeqv longx nyei, longc duqv nyei.

Mv deix siang-zien nyei COVID-19 Ndie-Nqaeqv ninh mbuo coqv nqoi nzuih naaic yiem zaah dimv nyei dorngx cuotv daaih. FDA hung jaa naic zoux Meiv Guoqv deic bung nyei ziouv, gox mbuo guoqv zaangc nyei buonh sin sic. Aeqv, cingx daaih FDA hung jaa oix zuqc ei leiz longx nyei.

DOMH WUONH BAENGX YIEM NAIC HAIH CUOTV DAIH JIEX ZUQC MBUO NYEI?

Maiv haaih. Nqoi nzui jiex wuov deix COVID-19 ndie-nqaeqv aengx caux mbenc maiv gaengx ziangx nyei COVID-19 Ndie-Nqaeqv maiv maaih baengc haaih yiem naic cuotv daaih jiex mbuo. Naaiv COVID-19 Ndie-Nqaeqv haih tengx mbuo I diuc se hnaangv domh wuonh baengc jiex zuqc mbuo nor. Da'yietv, nqaeqv jienv mv bun mbuo kov, da'nyeic aqv, tengx mbuo nyei sin zaangc heinv daaih haaih borngx baengc.

NAAIV COVID-19 NDIE-NQAEQV NYEI NDIE-ZORPC MAIH BAENGX ZIANGH JIENV YIEM GA-NYUOZ NYEI?

Maiv haaih. Ih zaanc nyei siang-zien nqoi nzuih jiex nyei COVID-19 Ndie-Nqaeqv caux mbenc jienv nyei COVID-19 Ndie-Nqaeqv maiv maaih haix nyungc baengc ziangh yiem ga'ngyuoza haaih jiex zuqc mbuo. Hnaangv naiv sou-zeiv gorngv nor, COVID-19 Ndie-Nqaeqv tengx njauv mbuo nyei sin zang daaih zoux cuotv tengx nyei jauv hnaangv, caux zieqv mv deix domh wuonh baengc, aengx caux borngx naiv baengc.

HAAIX DAUH ZAAH MAANGC CAUX GUNV NAAIV COVID-19 NDIE NQAEQV MAAIH LONGX BUN MBUO?

FDA hung h jaa caux CDC hung h jaa beu sengh jienv naiv siang-zien nqoi nzuih jiex nyei COVID-19 Ndie-Nqaeqv. FDA hung h jaa caux CDC hung h jaa oix zuqc manc-manc zaah dimv tong nzengx naaiv ndie-nqaeqv nyei fiex, aengx mangc hiuv duqv maaih longx bun mienh hnaangv, aengx caux mangc gaac tengx duqv mbuo ndongc haix. FDA hung h jaa nqoi nzuih ndangc, liux CDC hung h jaa aengx zaah mangc da' nyeic nzunc cingx daaih hiuv duqv zienv naiv COVID-19 Ndie-Nqaeqv haih bun domh zuangx mienh longc duqv nyei fai.



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MV DEIX NDIE-NQAEQV MBENC SIEPV GOR, YIE HNANGV HAAIX NOR HIUV COVID-19 NDIE-NQAEQV NAIC MAAIH LONGX HNAANGV CAUX YAAC HAIH LONGC DUQV?

Naiv laix zuqc ndie-nqaeqv nyei gong naic tengx ziex baeqv waanc nyei mienh waangc mienh, caux tengx nqaeqv jienv mv bun maih hniev nyei zeqc naanc jiez zuqc haaix dauh. FDA hungh jaa oix zuqc haih beu sengh mbuo yietc zungv domh zuangx mienh mbuo hiuv duqv gorngv naiv mv deix ndie-nqaeqv naic longx nyei. Ziepc cin nyei mienh seix COVID-19 Ndie-Nqaeqv ndangc cingx daaih FDA hungh jaa haih nqoi nzuih daaih bun mbuo domh zuangx mienh longc. FDA hungh jaa zaah mangc tong nzeng mv diex mienh nyei cuotv daih nyei jauv loc, cingx daaih hiuv duqv mv deix ndie-nqaeqv ndongc haix longx fai ndongc haix haaih tengx mbuo. Nqoi liux nzuih nyei ziangh hoc jiex mieqc, mv baac FDA hungh jaa oix zuqc corc sei gox naaiv domh zuangx nyei jauv loc nyei.

NAAIV DOMH WUONH BAENG C NDIE-NQAEQV NAAIC HNANGV HAAIX NOR MBENC DUQV NDONGC NAAIC SIEPV?

Kauv kor nyei mienh yiem naaiv lung h ndiev beqv daaih mbenc nyei jauv aengx caux lorz longx jiex yaac yauc jiex nyei ga'naaiv daih tengx borngx mv deix siangh baengc. Mbuo lung h ndiev naaiv maaiv maaih jiex muoc-doic guoqc jaa nyei jauv daaih tengx doic hnaangv ih zanc nor, yaac maaih gorn daaih cuotv qaqv juangc camv-nyungc ga'naaiv-longc, aengx jaa lorz qaqv daaih bun zoux ndie-nqaeqv nyei gong- dorngx, aengx caux tengx bun goux cuotv nyei nyaanh zoux ndie-nqaeqv. FDA hungh jaa mv baac nqoi nzuih bun buo kang seix mangc zaah dimv nyei dorngx zoux yietc jauv nyei gong. Weic zuqc FDA hung jaa buaatc mv deix sic blaatic jienv haaic bun domh zuangx mienh. Ninh mbuo maiv oix zuov kang ziangx ndaangc cingx daih jiex siangh kang. FDA hungh jaa nqoi nzuih naiv deix jipv sih longc nyei jauv, mv baac ninh mbuo yaac yietc jauv gox jienv seix mangc nyei. Laix zuqc oix haih beu sengh mv deix ndie-nqaeqv bun mienh camv hiuv duqv naic longc duqv caux longx nyei, maaiv maaih waaic bun mbuo.

ZOUX HAIX NYUNG C MBENC DONGC NAIC CAMV COVID-19 NDIE-NQAEQV?

Ih zaanc maaih siec cin wannc lanh mienh yiem naiv lung h ndiev. COVID-19 domh wuonh baengc hoic zuqc yietc zungv lung h ndiev nyei deic bung. Naaiv cingx daih oix zuqc maaih camv-nyungc ndie-nqaeqv daaih gunv taux mv deix COVID-19 domh wuonh baengc. Aeqv liux, laix zuqc mbuo laangz nyei mienh naic mv'fingh hnaangv daaih mbuo maaih camv-nyungc nyei mienh. Lanh-lanh mienh mv fi'hnangv longc ndie-nqaeqv nyei jauv, maaih deix longc maaiv zuqc dieh dauh mienh longc nyei ndie-nqaeqv. Hnaangv naaic nor mbuo oix zuqc maaih camv-nyungc daaih bun mienh gin v ha'norm haaih tengx ninh mbuo.



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WHY DO I NEED TO TAKE 2 DOSES OF THE VACCINE? YIE ZOUX HAIX NYUNGC AQV ZUQC BAQV I SIM NDIE-NQAEQV?

Pfizer and Moderna Ndie-Nqaeqv aqv zuqc baqv i sim daaih haaih tengx duqv mbuo. Dauh sim wuov tengx mbuo nyei sin zangc zieqv duqv baengc, caux tengx mbuo sin zangc hiuv duqv aqv zuqc mbenc jienv gongv haaih maaih domh wuonh baengc jiex zuqc mbuo nor. Dauh sim naic tengx mbuo sin zaangc gauh heinv, laix zuqc mbuo baqv nzunc mieqc. Mbuo ga'nyuoqx maih jienv ndie-nqaeqv nyei caux mbuo sin zaangc yaac tengx mbuo mbenc ziangx. Lanh lanh mienh maaiv fi'hnangv. Mv baac yietc nzengc nor, baqv liux ndie-nqaeqv yiem naaic haaih maaih zorqc guaaix baengc cuotv daaih bun mbuo nyei. Maaih lanh bav baqv liux dauh sim fai dieh sim nor haaih maaih zorqc guaaix baengc, fai maaih lanh bav mienh haaih maaih zorqc guaaix baengc i nzunc. Meih nzaauh mv deix zorqc guaaix baengc fai maaih lorz-naaic nor, heuc meih nyei ndie-sai oc.

MV DIEX NDIE-NQAEQV NAAIC HNAANGV HAQV NOR BEIV TAUX DOIX?

Naaiv Pfizer caux Moderna ndie-nqaeqv maaih i diuc tengx mbuo nyei jauv loc. Ninh mbuo longc ninh mbuo heuc messenger mRNA daih tengx njaux mbuo nyei sin zaangc tengx mbuo borngx mv deix COVID-19 baengc cutov gorn nyei dornngx wuov: da'yietv, dangv naaiv domh wuonh baengc, jiex mingh aqv, tengx borngx naaiv domh wuonh baengc. Mv deix i nyungc ndie-nqaeqv longx dingc aqv, tengx mbuo yietc zungv mbungh jienv yaac tengx nqaeqv jienv yaac fiu-caengx jienv naaiv COVID-19 domh wuonh baengc. FDA hung haa nqoi nzuih bun mienh hnyaangx-jeiv yiem ziepc luoc hnyaangx faux maengx wuov guaanh. Moderna nyei ndie-nqaeqv haaih bun ziepc betv hnyaangx yiem gu'nguaaic maengx wuov guanh mienh hnaangv. Moderna Ndie-Nqaeqv caux Pfizer Ndie-Nqaeqv oix zuqc baqv I sim ndie. Moderna Ndie-Nqaeqv nyei ziangh hoc qiangx naaic 28 hnoi, Pfizer Ndie-Nqaeqv nyei ziangh hoc qiangx naaic 21 hnoi. Moderna lamh longc nyei jauv naaic mbuo haaih liouh yiem camv-nyungc gitv faangx-naamz dornngx, caux gauh hung haa heic fungx mingh dornngx.

Johnson & Johnson Ndie-Nqaeqv njaux mbuo nyei sin zaangc nyei immune system daaih zoux cuotv "antibodies" caux "memory cells" tengx mbuo dangv COVID-19 domh wuonh baengc. FDA hung haa nqoi nzuih bun mienh hnyaangx-jeiv yiem ziepc betv (18yrs old) gu'nguaaic maengx wuov guanh hnaangv. Johnson & Johnson longx nyei jauv naaic mv baac maaih camv-nyungc nyei. Johnson & Johnson Ndie-Nqaeqv haaih liouh yiem duc yien, caux oix baqv yietc sim ndie hnaangv, aengx zoux daaih gauc hungx-heic gox caux fungx.



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3. ZIPV NDIE-NQAEQV NYEI JAUV-LOC

HAIX DAUH DUQV ZIPV COVID-19 NDIE-NQAEQV NDAANGC?

Ih zaanc maaih COVID-19 Ndie-Nqaeqv mbenc ziangx bun mv guanh mienh:

- Ndie-dorngx ziux goux nyei zoux gong mienh
- Yiem gox mienh nyei biau-v-mienh

Yiem Ziepc Nyeic Hlaax 22, 2020 (December 22, 2020),

- Jienv nyei zoux gong mienh – njoux doux gong-mienh, juin-zaah gong-mienh, zoux liangx-ndeic caux zoux lai-hnaangx gong-mienh, fungx fiex nyei mienh caux fungx fiex dorngx nyei gong-mienh, maaic ga-naaiv-nyanc nyei poc gong-mienh, aengx caux fin-saeng
- Hnyaangx-jeiv 75yrs gu-nguaaix maengx wuov guanh mienh

Jiex mingh wuov deix guanh:

- Mienh hayaangx-jeiv 65yrs-74yrs guanh, laix zuqc ninh mbuo mv guanh sin mv naangc henv, caux buangh zuqc baengc nor gauh kou
- Mienh hayaangx-jeiv 16-64yrs guanh, maaih camv-nuyngc baengc zingh nyei sic
- Jienv nyei zoux gong mienh – niouv cie, zoux lai-hnaangx nyei dorngx, capv biau-v nyei gong-mienh, aengx caux gox mbuo mienh nyei gong-mienh

CDC hung-jaa mbenc bun gorngv mbuox mienh longx nyei jauv haaix guanh mienh horpc zuqc duqv COVID-19 Ndie-Nqaeqv. Mv baac, norm-norm saengv maaih ga'hav-laai waac. Lorz meih nyei saengv/buonh deic zorc baengc nyei gorn zaangc yiem naaiv.....

MBUO MEIV GUOQV MIENH HAAIX ZANC HAAIH DUQV BAQV NDIE-NQAEQV TENGX MBUO BUANG NAAIV COVID-19 DOMH WUONH BAENG?

Norm-norm saengv duqv ca-laangh dingc ha'dauv, haaix zanc, caux yiem haaix fungx ndie-nqaeqv. Ndie-nqaeqv haaih maaih jaa camv jienv mingh nor, ninh haaih bun nzaanx deix bun mienh. Oix hiuv siang-zien fiex nor, naaic meih nyei saengv/buonh deic zorc baengc nyei gorn zaangc. Lorz meih nyei saengv/buonh deic zorc baengc nyei gorn zaangc yiem naaiv

YIE HAAIH GINV HAAIX NYUNGC COVID-19 NDIE-NQAEQV YIE NYEI?

Ndie-Nqaeqv maaih deix mv maih gau, zoux daaih aqc deix bun mbuo ginv mbuo oix longc haqv norm. Jienv jiex caux mbienc jiex nor, maaih haaix nyungc aqv baqv haaix nyungc.



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YIE BAQV LIUX PFIZER NDIE-NQAEQV NOR, YIE HAIH ZORPC MODERNA NDIE-NQAEQV DIEH NZUNC NYEI?

Maiv haaih. Ih zanc gorngv mbuox longx mienh nyei waac nor, mbuo oix haaih zorpc. I sim ndie oix zuqc fi'hnangv nyei. Jaangz jienv meih baqv haaix norm ndie-nqaeqv, fai sio jienv naaic COVID-19 Ndie-Nqaeqv nyei mbuox. Taux baqv ndie nyei ziangh hoc nor, naaic dangh baqv ndie-nqaeqv nyei mienh tengx bun norm sou-fienx maaih gorn caux ndie-nqaeqv nyei mbuox.

4. NDIE-NQAEQV MBIENC CAUX HAIH BIEQC DUQV TAUX NYEI JAUUV-LOC

YIE AQV ZUQC MAIH BEU-SENGH NDAANGC CINGX DAIH HAIH DUQV ZIPV NDIE-NQAEQV?

Maiv zuqc, mbuo mv zuqc bun nyaanh daaih haaih duqv baqv COVID-19 Ndie-Nqaeqv. Mv baac baqv ndie-nqaeqv nyei mienh haaih liuc leix zoux sou nyei feix-zinh nyei. Hnaangv naaiv maaih nor, mbuo haaih naaic mbuo nyei beu-sengh gox nyei janz daaih tuix nzuonc nyaanh, fai hung h jaa gox cutov longx nyei nyaanh yaac haaih tengx tuix nzuonx nyaanh nyei. Maaih beu-sengh nor dorh jienv beu-sengh sou-fienx caux meih mingh. Mv maaih yaac mv'benx haaix nyungc. Meih corc sei haaih zipv ndie-nqaeqv nyei.

MIENH MAAIV MAIH GUOQV ZANGC BAEQV-FINGX ZORNGX-ZENGX SOU HAAIH DUQV ZIPV NDIE-NQAEQV NYEI?

Aeqc, maaiv maaih guoqv zangc baeqv-fingx zorngx-zengx sou nyei mienh mv baac haaih duqv zipv COVID-19 Ndie-Nqaeqv nyei. Biden Administration gorngv muonc mbuox ICE caux CBP hung h jaa maaiv haaih mingh ndie-nqaeqv nyei dorngx dangv mv deix mienh, mv bun ninh mbuo zipv ndie-nqaeqv. Gox mienh nyei ndie-sai yaac maaiv haaih mangc mv'jiex, zoux doqc mv guanh mienh, yaac maaiv haaih dangv ninh mbuo, mv bun ninh mbuo zipv COVID-19 Ndie-Nqaeqv. Norm-norm baqv ndie-nqaeqv nyei dorngx mv' fi'hnangv, maaih deix naaic camv, maaih deix naic zoqc deix yaac maaih nyei. Laix zuqc maaih gamh nziex nyei jauv camv haic bun mv guanh mienh, jienv jiex nor, mbuo oix zuqc lorx sienx duqv caux longx hnyouv nyei ceix liepc jieez daaih nyei dorngx tengx mbuo. Maaih lorz-naic nyei waac nor, heuc dangh meih nyei buonc deic longx hnyouv nyei janz mbuo meih COVID-19 Ndie-Nqaeqv nyei dorngz yiem haaih.

SE GORNGV MBENC ZIANGX MINGH NOR, MV NYEI NDIE-DORNGX HAAIH BUN MBUO DOMH ZUANGX MIENH COVID-19 NDIE-NQAEQV NYEI?

Yietc zungv saengv nyei hung h jaa caux ndie-biauv nyei dorngx gapv doic daaih mbenc jienv nyei. Oix hiuv siang-zien fienx nor, lorz meih nyeei buonh deic zorc baengc nyei gorn zaangc..



5. ZIPV NDIE-NQAEQV

COVID-19 NDIE-NQAEQV NYEI ZORQC GUAIX NYEI BAENG NAIC HAAIX NYUNG?

Lanh bav mienh baqv liux ndie-nqaeqv haix mv naangc swangh leic 1-2 hnoi. Naiv zorqc guaix nyei baengc naic bun mbuo hiuv mv deix ndie-nqaeqv tengx jienv mbuo, yaac tengx njaux jienv mbuo nyei sin zaangc borngx naaiv COVID-19 Ndie-Nqaeqv. Maih lanh bav mienh baqv liux mv baac mv haix maih haaix nyungc zorqc guaix baengc yaac maih nyei. COVID-19 Ndie-Nqaeqv mv baac tengx jienv fi'hnangv nyei. Mbuo maaiv zuqc maaih zorqc guaix baengc cingx daaih gorngv ndie tengx mbuo.

Dieh deix juangc daih nyei doc baav zorqc guaix baengc

- sim-nzuih mun caux sim-nzuih siqv
- butv louh kouv
- jaan mun
- mbungv-daux mun
- nqorngv mun

.Se gorngv meih baqv liux COVID-19 Ndie-Nqaeqv, aeqv haix butv cuotv hniv nisei zorqc guaix baengc nor, heuc meih nyei ndie-sai.

MBUO NYANC JIENV DIEH NYUNG NAIC NDIE NOR, ZORPC DUQV COVID-19 NDI-NQAEQV NYEI?

Mbuo maih lorz-naaic nyei waac nor, oix zuqc zanc-zanc lorz meih nyei ndie-sai. Ninh mbuo haaih gorngv mbuo meih zien longx nyei waac, caux mbuox meih haaiv nyungc ndie haaih zorpc duqv COVID-19 Ndie-Nqaeqv.

YIE MAIH JIENV GU'NGAAUX YIEM JIENV SIN FAI UIX JIENV NYORX BUN GUAAX NYEI. YIE HAIH BAQV COVID-19 NDIE-NQAEQV NYEI?

Ih zaanc maaih camv-nyungc ndie-nqaeqv ninh mbuo seix mangc jienv nisei, tengx mbuo wuov guanh maaih gu-nguaax yiem jienv sin nyei mienh. Mv guanh maaih jienv gu'nguaaz yiem sin fai uix jienv mbuo ganh nyei nyorx bun gu-nguaax nyei mienh oix naic taux haaix nyungc COVID-19 Ndie-Nqaeqv nyei jauv nor, yauc jiex aqv, mbuo lorx mbuo nyei ndie-sai oc.



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6. NQA-HAV HINGV COVID-19 NDIE-NQAEQV NYEI JAUV-LOC

YIE AQV ZUQC BAQV COVID-19 NDIE-NQAEQV DONGC HAIX MAQC?

Ih zaanc mbuo mv gaengx hiuv naiv ndie-nqaeqv tengx mbuo nqaeqv mbuo nyei sin zaangc ndongc haaix lauh. Laix zuqc mv deix domh wuonh baengc haaih tiuv benx dieh kang fai henv jienv mingh nor, mbuo maaih deix oix zuqc zanc-zanc baqv ndie-nqaeqv daaih tengx buang jienv mv deix baengc. Norm-norm COVID-19 Ndie-Nqaeqv maaiv fi'hnaangv. Yiem mv deix buou nyungc COVID-19 Ndie-Nqaeqv naiv, ndie-zorpc yaac ganh nyungc nyei, aeqv mbuo cingx daih mv haaih gorngv. Ziux gox domh zuangx mienh nyei ndie-sai mbuo gox jienv caux zaah mangc jienv mv deix jauv-loc nyei.

YIE OIX ZUQC PAAIH HNYAANGX BAQV COVID-19 NDIE-NQAEQV NYEI?

Ih zaanc Janz maiv gaengx hiuv. Mv deix domh wuonh baengc blaate siang haic, mbuo maiv hiuv duqv ndie-nqaeqv haih tengx buang mbuo nyei sin zaangc ndongc haix lauh. Ih zaanc ndie-saai mbuo caux gox mienh camv nyei zoux gongc janz tengx maangc caux guotc jienv mv deix jauv nyei. Dieh hnoi ninh mbuo hiuv zien nor, ninh mbuo aengx mbuox mbuo yietc zungv camv.

MBUO MAIH JIEX DOMH WUONH BAENGC NOR, BAQV COVID-19 NDIE-NQAEQV CORC SEI TENGX DUQV MBUO NYEI?

Aeqc. Meih maih jiex domh wuonh baengc mv baac baqv ndie-nqaeqv tengx nyei. Weic laix zuqc mbuo maaiv hiuv duqv buang nyei jauv haaih tengx mbuo sin zaangc ndongc haix lauh. Deix baav seix maangc nyei dorngx zaah daih gorngv naiv COVID-19 domh wuonh haih benx I nzunc nyei. Gorngv mbuox mienh longx nyei waac heuc mbuo maaih liux COVID-19 domh wuonh baengc nor, mbuo yiem baengc nzengx caux longx nzengc hnoi, mbuo oix zuqc zuov jienv 4 norm leiz-baax cingx daaih haaih baqv COVID-19 Ndie-Nqaeqv.



SEARAC

YIE BAQV NZENGC COVID-19 NDIE-NQAEQV MIEQC, YIE CAUC SEI AQV ZUQC GAN JIENV MBUNGH NQAEQV NYEI WAAC NYEI?

Aeqc, baqv nzengc i sim COVID-19 Ndie-Nqaeqv mv baac mbuo oix zuqc maiv dungz daangx, buang nzuih, yiem caux simv go mienh, nzaux buoz longx jienv saa buh caux wuom-jorm. Hnaangv mbuo muangx naiv mbungh nqaeqv nyei waac nor, mbuo haaih dingh deix mv bun naaiv COVID-19 domh wuonh baengc cuotv mingh nzaanx, mv bun hoic zuqc mienh camv. Naiv waac gengh jienv nyei, laix zuqc mbuo maaih doic caux hmuangv-doic mv gaengx duqv baqv ndie-nqaeqv. Mbuo mv baac oix zuqc jaangx jienv hoqc nzengx janz njaux daaih mbungh nqaeqv nyei waac, aeqv cingx daaih haih tengx mbuo buang jienv mbuo nyei sin zaangc. Mbuo maiv haih ei nduqc nyungc hnaangv. Oix zuqc ei nzengc.

YIE BAQV NZENGC NDIE-NQAEQV MIEQX, MAIH HAAIX NYUNGC

Baqv liux ndie-nqaeqv, mv baac corc se jienv nyei mbuo maiv dungz dangx buang mbuo nyei hmien caux mingh nziauc mienh nyei dorngx, sim go deix mienh camv. Weic laix zuqc mbuo loz-zangh mienh maiv hiuv baqv liux ndie-nqaeqv nyei mienh haih bun baengc jiex zuqc mienh. Longx jiex nor, mbuo maiv dungz dingh mv deix hoqc daaih janz nyei mbungh nqaeqv nyei waac.

YIE MAIV OIX BAQV COVID-19 NDIE-NQAEQV NOR HAIH MAIH HAIX NYUNGC CUOTV BUN YIE NYEI FAI?

Baqv ndie-nqaeqv yiem naiv Meiv Guoqx da'bung naic yiem mienh ganh hnamv, mienh ganh oix hnaangv. Meih maih qaangx haih duqv baqv ndie-nqaeqv nor, naiv tengx nqaeqv COVID-19 domh wuonh baengc mv bun jiex zuqc meih, mv bun meih kouv fai baengc hniev. Naaiv mv baac tengx domh zuangx jauv loc heng deix, maaiv bun mv deix baengc mingh nzaanx caux haih tengx nzengx siepv deix.

<https://www.cdc.gov/coronavirus/2019-ncov/index.html/>

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