



QHIA ME NTSIS TXOG TSHUAJ PAB KAB MOB

COV TSHUAJ TIV THAIV KAB MOB COVID-19 YOG DAB TSI THIAB YUAV PAB KOJ TAU LI CAS?

Txij thaum lub 3 hli ntuj xyoo 2021, tau muaj peb hom tshuaj tiv thaiv kab mob COVID-19 uas lub koom haum US FEDERAL FOOD and DRUG Administration (FDA) tau tso cai los txhaj tshuaj. Cov tshuaj hu ua li no:

- Pizfer-BioNTech COVID-19 tshuaj tiv thaiv kab mob, pom zoo los ntawm lub 12 hli ntuj hnuv tim 11, 2020.
- Moderna COVID-19 tshuaj tiv thaiv kab mob, pom zoo los ntawm lub 12 hli ntuj hnuv tim 18, 2020.
- Johnson & Johnson COVID-19 tshuaj tiv thaiv kab mob, pom zoo los ntawm lub 2 hli ntuj hnuv tim 27, 2021.

Cov tshuaj COVID-19 tiv thaiv kab mob no yog ib hom tshuaj los qhia rau peb lub cev kom nws paub txog thiab tiv thaiv tua tau kab mob COVID-19. Cov tshuaj COVID-19 tiv thaiv kab mob no yuav los pab tiv thaiv peb lub cev kom tsis txhob muaj mob thiab yuav pab kom COVID-19 tu noob.

CÓ VẮC-XIN NÀO KHÁC PUAS YUAV MUAJ LWM HOM TSHUAJ TIV THAIV KAB MOB LAWV?

Muaj kawg, txij thaum lub 12 hli ntuj hnuv 28, 2020, tau muaj chaw kuaj mob los sim rau ntau leej los kuaj thiab npaj tseg txog ob hom tshuaj COVID-19 tiv thaiv kab mob hauv teb chaws Meskas:

- AstraZeneca's COVID-19 tshuaj tiv thaiv kab mob
- Novavax's COVID-19 tshuaj tiv thaiv kab mob

COV TSHUAJ TIV THAIV KAB MOB COVID-19 TAM SIM NO PUAS ZOO RAU MENYUAM YAUS TXHAJ THIAB?

Tsis tau muaj tam sim no, cov tshuaj tiv thaiv kab mob COVID-19 no tsis pub rau cov menyuam ua yau tshaj 16 xyoo. Peb tsis tau paub xyov thaum twg cov tshuaj tiv thaiv kab mob COVID-19 mas li pom zoo pub rau cov menyuam yau, tab sim peb paub hais tais Pfizer thiab Moderna no mas tseem tab tom tshawb nrhiav cov tshuaj tiv thaiv no saib puas haum cov menyuam muaj hnuv nyoog 12-17 xyoo hauv chaw kuaj mob.

TXOJ KEV UAS COV TSHUAJ TIV THAIV KAB MOB NO, KEV TXHIM KHO THIAB NYAB XEEB

QHOV TXHEEJ TXHEEM NTAWM COV TSHUAJ TIV THAIV KAB MOB COVID-19 TSHWM SIM LI CAS?

Qhov txheej txheem ntawm cov tshuaj tiv thaiv kab mob COVID-19 no thiab cov tshiab uas tab tom yuav tshwm sim tseem yuav muaj tshawb nrhiav los ntawm cov neeg pab, txog phav leej nyob hauv lub chaw kuaj mob. Thaum twg cov ntau ntawv txaus lawm, lub koom haum U.S. Food and Drug Administration (FDA) no mam li txiaj txim siab saib puas muaj teeb meem los muaj ib qhov zoo los pab, los pom zoo, los yog tsis haum txoj koov maim ua ntej koob tshuaj tiv thaiv kab mob yuav tawm los rau tib neeg siv. Lub koom haum FDA cov hauj lwm yog los saib xyuas seb koob tshuaj tiv thaiv kab mob COVID-19 no puas nyab xeeb los puas ua hauj lwm nyob hauv teb chaws Miskas.

Cov tshuaj tiv thaiv kab mob COVID-19 uas twb tso cai coj los siv lawm, tias tsi muaj teeb meem dab tsi, los ntawm lub koom haum FDA, vim lawv muaj ntawb ntawv tias si hais lias tsi muaj teeb meem dab tsi. Lub koom haum FDA yuav saib xyuas zoo zoo ntev mus seb puas muaj teeb meem dab tsi raws li lawv siv dhau los txog ntawm cov tshuaj tiv thaiv kab mob tshwm sim tshiab.

COV TSHUAJ TIV THAIV KAB MOB NO, KIS PUAS TAU TUS KAB MOB?

Kis tsi tau, cov tshuaj tiv thaiv kab mob COVID-19 uas twb tso cai siv lawm thiab cov tshuaj tiv thaiv kab mob COVID-19 tab tom tshwm sim tshiab no, kis tsi tau tus kab mob COVID-19. Tsis tas li ntawv xwb, cov tshuaj tiv thaiv kab mob no yuav pab kom txhob muaj mob, vim nws pab yus lub cev kom muaj zog es thiaj tua tau tus kab mob ntaws, yog tias yus mus kis tau.

COV TSHUAJ TIV THAIV KAB MOB COVID-19 NO PUAS MUAJ TUS KAB MOB COVID-19 NYOB HAUV?

Tsi muaj, cov tshuaj tiv thaiv kab mob COVID-19 uas twb tso cai siv lawm thiab cov tshuaj tiv thaiv kab mob COVID-19 tab tom tshwm sim tshiab no tsis muaj tus kab mob uas COVID-19 nyob hauv. Li hais, cov tshuaj tiv thaiv kab mob COVID-19 yog ib hom tshuaj uas pab yus lub cev kom nws tua tus kab mob, yog tias yus mus kis tau.



COV TSHUAJ TIV THAIV KAB MOB COVID-19 NO ZOO RAU LEEJ TWG?

Ob lub koos haum FDA thiab CDC tso cai tias cov tshuaj tiv thaiv kab mob COVID-19 uas twb tso cai siv lawm, thiab cov tshuaj tiv thaiv kab mob COVID-19 tab tom tshwm sim tshiab no, zoo thiab tsis muaj teeb meem rau sawv daws. Koos haum FDA twb saib xyuas zoo zoo tias nws muaj ntaub ntawv txaus txaus tias siv tsis muaj teeb meem ua ntej, mam li tso cai siv. Tom qab koos haum FDA tso cai siv lawm, koos haum CDC mam kuaj cov tshuaj tiv thaiv kab mob COVID-19 seb siv puas zoo rau txhua leej.

XAV PAUB TIAS COV TSHUAJ TIV THAIV KAB MOB COVID-19 NO SIV PUAS ZOO THIB MUAJ CEEM NPAUM CAS, VIM COV TSHUAJ TIV THAIB KAB MOB NO TSHWM SIM TSIS NTEV NO XWB?

Koos haum FDA tso cai tias cov tshuaj tiv thaiv kab mob no yeej zoo thiab cov tshuaj tiv thaiv kab mob no twb muab rau lab tus tib neeg siv kom txhob muaj mob nhyav nhyav lawm, cov tshuaj tiv thaiv kab mob no tau ua hawj lawm zoo heev. Cov tshuaj tiv thaiv kab mob COVID-19 no twb coj los sim rau txog 10 lab tus tib neeg thiab tau ntaub ntawv los ua pov thawj rau koos haum FDA txiav txim siab tias nws zoo thiab muaj ceem. Tom qab cov tshuaj tiv thaiv kab mob twb tau tso cai siv lawm los koos haum FDA tseem yuav saib seb puas muaj teeb meem tshwm sim tshiab.

TIAM SIS, UAS CAS COV TSHUAJ TIV THAIV KAB MOB NO, HO TSHWM SIM SAI UA LUAJ?

Cov neeg tshawb fawb thoob ntiaj teb yeej nrhiav txheej txheem los tshwm sim ib koob tshuaj tiv thaiv kab mob COVID-19 kom sai li sai tau. Lawv yeej siv txuj ci zoo tshaj los xub tus kab mob tshiab no. Txhua leej thoob ntiaj teb tsis tau pom dua tiam sis sib koom tes, sib ntxiv kom tsim tau, thiab muab nyiaj txiag los sib pab kom tsim tau cov tshuaj no kom sai li sai tau. Koos haum FDA tso cai rau cov chaw tsim tshuaj kom lawv xeeb tag nrho peb theem kuaj nram chaw kuaj mob ntawv ua ke kom kuaj tau sai li sai tau, thiaj li muaj kev tso cai siv thaum uas muaj xwm txheej thaum tswj hwm nruj, lawv yuav xyuas seb koob tshuaj tiv thaiv kab mob no puas zoo los siv.

VIM LI CAS THIAJ MUAJ NTAU HOM TSHUAJ TIV THAIV KAB MOB COVID-19 TSHWM SIM?

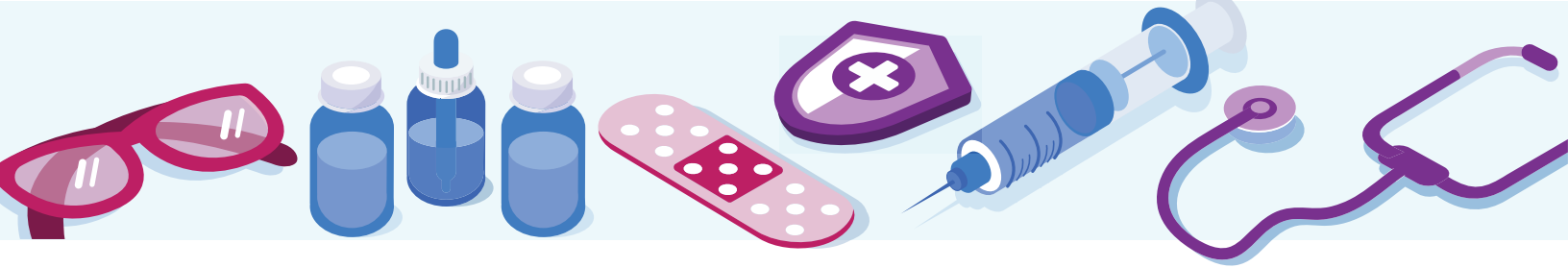
Tam sim no muaj txog li 7 phav lab tib neeg nyob hauv ntiaj teb no, thiab COVID-19 tau muaj qhov cuam tshuam txhua lub teb chaws. Qhov no txhais tau tias peb yuav tsum muaj ntau hom tshuaj tiv thaiv kab mob COVID-19 los tiv thaiv. Thiab tsis tag li ntawv, muaj ntau haiv neeg hauv peb lub zej zog, yog tias muaj ntau hom tshuaj tiv thaiv kab mob no yuav yog ib qhov zoo rau peb nrhiav kom tau ib koob tshuaj tiv thaiv kab mob uas zoo thiab nyab xeeb rau peb sawv daws.

VIM LI CAS KUV THIAJ LI YUAV TAU TXHAB OB KOOB TSHUAJ TIV THAIV KAB MOB?

Ob koob tshuaj tiv thaiv kab mob Pfizer thiab Moderna no yuav tsum txhab ob koob thiaj li tiv thaiv tau yus. Thawj koob tshuaj pab rau yus lub cev paub tau tus kab mob thiab pab yus lub cev npaj, hos koob ob ntxiv dag zog kos lub cev muaj zog tua tau tus kab mob.

COV TSHUAJ TIV THAIV KAB MOB PUAS MUAJ PIV RAU LWM COV THIB?

Ob koob tshuaj tiv thaiv kab mob Pfizer thiab Moderna no xa ib tug mRNA technology mus qhia rau yus lub cev kom nws paub tias ob txoj kev tiv thaiv COVID-19 Ib, los ntawm kev txiav tawm tus kabmob. Ob, yog ntaus tus kab mob. Ob hom tshuaj tiv thaiv no muaj kev tiv thaiv COVID-19 tau zoo heev li. Koob tshuaj Pfizer ua los ntawm koom haum FDA no zoo rau cov tib neeg ua muaj hnuv nyooog 16 xyoo rov sauv. Koob tshuaj Moderna yog txhab rau cov neeg ua muaj 18 xyoo rov sauv xwb. Ob koob tshuaj tiv thaiv kab mob Moderna thiab Pfizer/BioNTech yuav tsum yog txhaj ob zaug. Koob tshuaj Moderna mas yuav tsum txhaj ib koob tag ces 28 hnuv tom qab mas li txhaj dua. Hos koob tshuaj Pfizer ces txhaj koob ib tas ces 21 hnuv tom qab mas li txhaj dua. Tsis tas li ntawv xwb, koob tshuaj Moderna no mas zoo rau qhov uas muab tso tau rau hauv lub tub yees thiaj li yooj yim muab los siv.



TXAIS TSHUAJ TIV THAIV KAB MOB

LEEJ TWG YUAV TAU TXHAJ TSHUAJ TIV THAIV KAB MOB COVID-19 UA NTEJ?

Koob tshuaj tiv thaiv kab mob COVID-19 tam sim no muaj muab rau:

- Cov neeg saib xyuas kev noj qab nyob zoo los siv Health Care Personnel
- Cov neeg nyob ntawm cov chaw tsev laus

Txij thaum lub 12 hli ntuj 22, 2020, cov muaj feem thiab pab pawg pom zoo ua yuav los txais koob tshuaj tiv thaiv COVID-19 yog:

- Cov neeg ua hauj lwm tseem ceeb xwm li cov tub tua hluav taws, tub ceev xwm, cov qhuab qhia tub ceev xwm, cov neeg ua khoom noj khoom huas, kev qhia ua liaj ua teb, cov neeg xa ntawv (USPS), cov neeg ua hauj lwm lub hauv khw muag khoom noj hau, thiab cov xib fwb qhia ntawv.
- Cov neeg muaj hnub nyoog 75 xyoo rov sauv.

Tom ntej no yog :

- Cov neeg muaj hnub nyoog 65-74 xyoo vim lawv yog cov neeg muaj feem puas mus pw hauv tsev kho mob loj tshaj.
- Cov neeg muaj hnub nyoog 16-64 xyoo ua muaj nrog rau txoj kev mob nkeeg.
- Cov neeg ua haujlwm tseem ceeb uas ua hauj lwm tsav tsheb thauj mus los, kev pab ua zaub ua mov, kev kho vaj tsev, cov ntaub ntawv, kev nyab xeeb rau pej xeeb, thiab kev noj qab haus huv rau pej xeeb.

Txawm hais tais CDC muab cov lus pom zoo rau tib neeg txais cov tshuaj tiv thaiv kab mob COVID-19 no los, lub teb chaws los sis lub State yuav yog tus muaj cai los tso rau pej xeeb txhaj. Thov tshawb nrhiav nej lub teb chaws saib xyuas kev noj qab haus huv hauv koj ib cheeb tsam.

THAUM TWG TSOOM MESKAS MAM TXAIS TAU KOOB TSHUAJ TIV THAIV KAB MOB COVID-19?

Txhua lub xeev txiav txim seb tog thaum twg, thiab nyob rau hauv cov nqe lus ntawm kev faib tshuaj tiv thaiv. Vim tias muaj kev txhab tshuaj ntau ntxiv, cov lus qhia txog kev

txhab tshuaj yuav nthuav dav mus rau txhua txhua leej. Nug koj lub tuam tsev pab kev noj qab haus huv kom paub cov ntaub ntawv tshiab, thiab tshawb nrhiav lub chaw saib xyuas kev noj qab haus huv ntawm koj ib cheeb tsam.

KUV PUAS MUAJ TXOJ CAI LOS XAIV HOM TSHUAJ TIV THAIV KAB MOB COVID-19?

Cov tshuaj tiv thaiv tuaj yeem muaj tsawg tsawg li, thiab nws yuav nyuaj rau koj xaiv cov tshuaj tiv thaiv twg. Thaum peb tau txais cov tshuaj tiv thaiv COVID-19 lawm, nws tseem ceeb heev uas peb yuav tsum tau muaj raws li lawv muab los.

KUV SIV PUAS TAU HOM TSHUAJ PFIZER TAM SIM NO UA NTEJ MAM MUS SIV MODERNA LOS HOM TSHUAJ TXAWV THAUM MUS TXHAJ KOOB THIB OB?

Tsis tau, qhov kev pom zoo tam sim no yog txhaj ob koob tshuaj tiv thaiv ib yam. Siv ib hom tshuaj tiv thaiv los ntawm ib tus muab kev pab thiab nco ntsoov khaws lub npe ntawm cov tshuaj tiv thaiv COVID-19 uas koj tau txais thaum koj tau txais koob tshuaj thib ob. Nug koj tus kws kho mob saib xyuas kev noj qab haus huv uas tswj hwm kev txhaj tshuaj kom muab cov ntawv teev tseg cia rau koj.

COV TSHUAJ TIV THAIV KAB MOB MUAJ QHIB THAUM TWG?

KUV PUAS YUAV TSUM MUAJ INSURANCE THEM THIAJ LI TAU TXAIS KOOB TSHUAJ?

Tsis them, koob tshuaj tiv thaiv kab mob COVID-19 no yog dawb xwb. Koj tsis tas yuav them. Txawm li cas los xij, cov chaw muab tshuaj tiv thaiv tuaj yeej them tus nqi lawm, lawv tuaj yeem thim rov qab los ntawm koj li insurance yog koj muaj. Nco ntsoov nqa koj daim npav insurance tuaj yog koj muaj, yog tias koj tsis muaj kev fajseeb kho mob, los koj tseem tuaj tau thaib txhab tau koob tshuaj tiv thaiv kab mob.

COV NEEG UAS TSI MUAJ NTAUB NTAWV HJW TOOB PUAS MUAJ FEEM TUJ TXHAB TSHUAJ TIV THAIV KAB MOB?

Yog lawm, cov tshuaj tiv thaiv kab mob COVID-19 muaj rau cov tib neeg tsis muaj ntaub ntawv nyob thiab. Nom



Biden cov thawj koj tau tshaj tawm tias ICE thiab CBP lawv yuav tsis nyob hauv cov chaw txhaj tshuaj tiv thaiv kab mob thiab cov neeg ua haujlwm kev noj qab haus huv yuav tsis tuaj yeem thaiv cov neeg tsis muaj ntaub ntawv tuaj txhaj tshuaj. Cov chaw muaj kev noj qab haus huv yuav tsum tsis txhob cais kev cai tawm ntawm cov neeg tsis muaj ntaub ntawv pov thawj kom tau txais koob tshuaj tiv thaiv COVID-19. Qee cov ntaub ntawv ntawm tus kheej yuav raug thov qhia ntawm tus kheej thaum tuaj txog qhov chaw. Txawm hais tias kev ntshai los ntawm cov neeg ua tsis muaj ntaub ntawv nyob hauv zej zog yog qhov tseeb los yog ib yam uas yuav tsum nrhiav los ntawm zej tsoom cov phoojywg. Tham nrog cov chaw ntseeg hauv koj lub zej zog seb yuav ua li cas koj thiaj li tau txais cov tshuaj tiv thaiv kab mob COVID-19 hauv koj lub xeev thiab cov ntaub ntawv ntawm koj tus kheej.

NYOB NTAWM KUV LUB TSEV MUAG TSHUAJ PUAS YUAV MUAJ QHIB TXHAJ KOOB TSHUAJ TIV THAIV KAB MOB COVID-19 RAU PEJ XEEM?

Tsoom fwm hauv lub xeev tab tom ua hauj lwm nrog cov tsev muag tshuaj. Qhov hauj lwm no tseem muaj kev sib tw. Tham nrog koj lub tuam tsev pab kev noj qab haus huv ko paub seb koj lub tsev muag tshuab puas yuav txhaj tshuaj tiv thaiv COVID-19.

COV UA TXHAB KOOB TSHUAJ KAB MOB COVID-19 PHIV NES, MUAJ ZOO LI CAS?

Qee zaum cov tib neeg yuav mob zoo li 1-2 hnuv tom qab txhaj tshuaj tiv thaiv tas. Feem ntau cov kev mob tshwm sim thaum yus txhaj tas yog mob caj npab, ua npaws, thiab nkees ua ntej peb hnuv tom qab txhaj tshuaj tiv thaiv tas. Cov kev mob tshwm sim no feem ntau txhais tau tias cov tshuaj tiv thaiv ua hauj lwm zoo lawm. Yog tias koj tsis muaj mob tshwm sim los cov tshuaj no tseem tiv thaiv tau.

Tom qab koj txhaj koob tshuaj tag lawm, tej tus neeg kuj mob ib ob hnuv li:

- Mob qhov chaw txhab tshuaj tiv thaiv thiab yuav pom liab me ntsis
- Qaug zog
- Mob ib ce
- Mob tej pob txha
- Mob taub hau

Yog tias koj muaj lus nug txog cov mob los sis lwm yam mob tshwm sim tom qab koj tau txaj koob tshuaj tiv thaiv COVID-19, nug koj tus kws kho mob.

KOOB TSHUAJ TIV THAIV KAB MOB COVID-19 PUA MUAJ DABTSI LOS CUAM TSHUAM NROG COV TSHUAJ UAS KUV TSEEM TAB TOM NOJ?

Koj yuav tsum mus nug koj tus kws kho mob txog kev mob cuam tshuam rau koob tshuaj tiv thaiv kab mob COVID-19.

YUAV UA LI CAS YOG KUV TSEEM XEEB ME NYUAM LOS PUB MIS NOJ, NWS PUAS NYAB XEEB RAU KUV MUS TXHAJ KOOB TSHUAJ TIV THAIV KAB MOB COVID-19?

Cov kev ntsuam xyuas ntxiv tam sim no tseem tab tom tshawb nrhiav ntxiv txog cov tshuaj tiv thaiv rau cov neeg cev xeeb me nyuam. Qhov zoo tshaj rau cov poj niam cev xeeb me nyuam thiab pub niam mis yuav tsum mus nrhiav tswv yim ntawm lawv cov kws kho mob saib xyuas kev noj qab haus huv txog kev txhaj tshuaj tiv thaiv COVID-19 zoo li cas.

YAV TOM NTEJ RAU KOOB TSHUAJ TIV THAIV TUS KAB MOB COVID-19

KUV YUAV TAU MUS TXHAJ KOOB TSHUAJ TIV THAIV KAB MOB COVID-19 NPAUM LI CAS?

Tam sim no, peb tsis paub ntev npaum tias cov tshuaj tiv thaiv yuav kav li cas. Tus kab mob COVID-19 pauv tau nws tus kheej ces yuav ua rau tib neeg rov qab tau txhaj tshuaj dua. Tsis tas li, txhua koob tshuaj tiv thaiv COVID-19 nyias kav txawv nyias. Cov neeg paub txog kev noj qab haus huv yeej saib xyuas tus kab mob no kom paub ntxiv txog seb cov tshuaj tiv thaiv COVID-19 yuav tiv thaiv tau ntev npaum li cas.

KUV PUAS YUAV TAU TXHAB KOOB TSHUAJ TIV THAIV KAB MOB COVID-19 NO TXHUA XYOO?

Peb tsi tau paub tam sim. Vim tias COVID-19 tseem tshiab tshiab, peb tsis paub tias tshuaj tiv thaiv yuav kav ntev li npaum cas. Txawm li cas los, cov kws kho mob thiab cov kws paub txog kev noj qab haus huv yuav kawm ntxiv txog tus kab mob no, thiab yuav qhia tawm sai li sai tau.



PUAS TSIM NYOG KUV MUS TXHAJ KOOB TSHUAJ TIV THAIV COVID-19 YOG TIAS KUV TWB MOB COVID-19 IB ZAUG LAWM?

Koj yuav tsum tau mus txhaj tshuaj tiv thaiv txawm hais tias koj twb mob COVID-19 ib zaug lawm. Qhov no yog vim peb tsis tau paub tias kev tiv thaiv haub lub nhro cev yuav nyob ntev npaum li cas. Qee cov kev tshawb fawb pom tias tus kab mob COVID-19 nws muaj peev xwm ua rau koj muaj mob ib zaug ntxiv thiab. Koj yuav tsum tos tsawg kawg li plaub lub lim tiam tom qab koj zoo ntawm tus kab mob COVID-19 no mam li mus txhaj koob tshuaj tiv thaiv.

KUV PUAS TSEEM TAU UA RAWLS LI QHOV KEV PAB CUAM TSHUAM TOM QAB KUV TAU TXHAJ KOOB TSHUAJ TIV THAIV KAB MOB COVID-19 LAWM?

Tom qab tau txhaj koob tshuaj tiv thaiv COVID-19, peb yuav tsum tau npog qhov ncauj qhov ntswg, ua kom lub cev sib xws, thiab ntxuav tes nrog xab npum thiab dej kom tau li 20 feeb. No yog qee qhov ntawm peb tuaj yeem ua ntxiv mus ko tsis txhob kis tus kab mob no haub peb lub zej zog tom qab peb tau txhaj tshuaj tiv thaiv. Qhov no tseem ceeb rau koj los tiv thaiv koj tsev neeg thiab cov phoojywg uas tseem tsis tau txhaj tshuaj tiv thaiv. Nco ntsoov tias ib qho cuab yeej ib leeg yuav tsis thaiv tau tus kab mob COVID-19 no thoob qab ntuj. Peb yuav tau sib koom tes los nres tus kab mob COVID-19 no.

TOM QAB KUV TAU MUS TXHAJ TSHUAJ TAS KUV YUAV TAU UA DABTSI THIAJ LI NYAB XEEB RAU KUV?

Tom qab koj tau txhaj tshuaj tiv thaiv kab mob tas, koj yuav tsum tau hnav daim ntaub npog qhov ncauj thaum koj tawm mus sab nraud thiab nyob nrug deb ntawm lwm tus. Vim hais tias peb tseem tsis tau paub zoo peb tus neeg txhaj tshuaj tiv thaiv tas lawm puas tseem tuaj yeem tseem kis tau tus kab mob mus rau lwm tus thiab. Qhov zoo tshaj mas yuav tsum tiv thaiv yus tus kheej.

YUAV UA LI CAS YOG KUV TSIS TXHAJ KOOB TSHUAJ TIV THAIV KAB MOB COVID-19?

Kev txhab tshuaj tiv thaiv hauv teb chaws Meskas yog nyob ntawm koj yeem. Nws yog kev txiav txim siab ntawm koj tus kheej. Yog tias koj muaj txoj hauv kev txhaj tshuaj tiv thaiv kab mob, nws yuav pab tiv thaiv koj kom tsis txhob kis tus kab mob COVID-19 los sis mob hnyav rau koj. Nws tseem yuav ua rau koj muaj kev tiv thaiv ntau dua thiab muaj tsawg tus neeg mob hauv koj lub zej zog thoob plaws rau ntiaj teb.

LUB HAUV PAUS:

<https://www.cdc.gov/coronavirus/2019-nco/index.html>

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