

Kalapekan en Soumwahu en wai me aramas kin idek (flu) FAQ

Soumwahu en wai de “flu” iei soumwahu dou ehu me kin kalap doupeseng nan Oakotope lel nan Mei nan Amerika oh kiseh wasa teikan.

Iet akan ekei kalelepek oh pasapeng me pid soumwahu en wai pwe en kin doarehi kowmi nan sounpar et.

Ia mwemwen soumwahu en wai e kin doupeseng?

Soumwahu en wai kin dou ni sin pilen ahu me kin kolang rehn me soumwahu en wan ni araihl kin kopokop, asi, de lokaia.

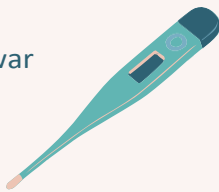


Ihs me anahne ale dok en silasil?

Koaros anahne ale dok en silasil en soumwahu en wai. The Centers for Disease Control and Prevention (CDC) kin kangongehki koaros me sounpwong 6 de laudsang en ale dok en silasil nan ansou soumwahu en wai, mehel me me kehieng en alehdi doumwahu en wai. Me liseian kan pil anahne ale dok en silasil wet.

Ia saihn oh lipwen soumwahu en wai kan?

Aramas me aniki soumwahu en wai kin kehn ekei de koaros lipwe kan: karakar de kin kekehn karakar/kepeu, kopokop, kepinwar medek, tumwu toai de toai medek en mwoasel de nahn kil medek, mwoang medek, pwang oh ekei pak mwus oh mehnteng (kin kalap pwarada rehn seri sang me lauhd).



Ihsinge kan me kehieng alehdi soumwahu en wai?

Sohte lipilpil me kak alehdi soumwahu en wai, ahpw e keper ong wasa me diren aramas me kehieng kin kousoanpene ie me duhete seri pwelel oh seri pwulopwul, aramas me sounpar 65 de pohngangi, lih liseian, oh aramas me kowahki soumwahu teikan de ahr mehn doare soumwahu kan luwetalahr. Me keieu mwahu pwe en doare soumwahu duehte kan ien ale dok en silasil en soumwahu en wai nan sounpar koaros.

Iahd me I anahne ale dok en silasil?

Soumwahu en wai kin kalap pwarada sang nan Oakotope lel nan Mei. Ansou me keieu mwahu en ale doka en silasil iei nan foahl de winder pwe kak doare komwi ni ansou en soumwahu en wai nan ansou en soumwahu.



Dahme I anahne alehki dok en silasil en soumwahu en wai?

Dok en silasil soumwahu en wai iei me keieu kak doare komwi oh koampoakepwahm kan sang soumwahu en wai oh kisehn souwahu wet. E pil kak katikala ahmw pahn alehdi soumwahu en wai de soumwahu me duehte kan, kapidolong en nimwen wini, oh kepinsaledala. Ong mengihtik me pahn mwahu ong soumwahu en wai, pwarek: [cdc.gov/flu/prevent/vaccine-benefits.htm](https://www.cdc.gov/flu/prevent/vaccine-benefits.htm)

Iange wiepen dok en silasil kan?

Dok en silasil kin kohda ni dok de dok en nip peh de spre en tumwe. Dok kin kak wiawi ong me sounpwong 6 de laudsang. Spre en nan tumw kin kak wiawi ong aramas sang sounpar 2 lel 49. Mie dok en silasil en wai kei me kin kohda ni wiepe me wekising wasahn wiahda wini kan.

Mengihtik teikan kin kak dierek nan Ansou en Dok en silasil en CDC ni: [cdc.gov/flu/prevent/flushot.htm](https://www.cdc.gov/flu/prevent/flushot.htm)



Tehte: Centers for Disease Control and Prevention (cdc.gov)



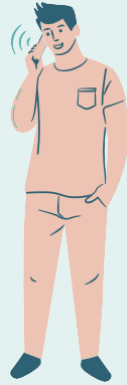
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Kalapekan en Soumwahu en wai me aramas kin idek

Ia wen pweinen dok en silasil en soumwahu en wai?

Isais en dok en silasil en soumwahu en wai pahn kin kolang ni mwemwen ahmw kin pwaihn noumw kapai en roson. Komw kak eker ahmw pali en insurejns pwe kowmi en kalapek dahnge noumw insureins kin pwaihn ong dok en silasil en soumwahu en wai ni pweitikit de sohte isais. Patehng met, pali en roson mwahu me karanih komwi de nimwen apwalih roson mwahu kak sawaskihda dok en silasil kan ni sohte isais de pweitiktik.

Ong mengihtik teikan, komw kak tehk aht pweipwei en Dok en silasil de kaweid pen soumwahu en wai ni: aa-nhpihealthresponse.org



Ia was me I kak ale dok en silasil en soumwahu wai?

Komw kak alehdi dok en silasil en soumwahu en wai ni wasa sohte lipilipil me sansal pah:

- Wasahn apwalih Soumwahu
- Wasahn epwel karuaru/Wasahn epwel soumwahu me sohte doar
- Wasahn epwel soangen soumwahu koaros
- Wasahn epwel soumwahu en nan wehi
- Wasahn ewpel soumwahu en mehn Awai
- Wasahn epwel soumwahu en mehn India
- Pali en Roson mwahu me karanih iuk
- Wasahn netikihla wini kan (karasepe, Walmart, Walgreens, CVS, Rite-Aid)



I pahn kak kehn kasuedpeh kan ni ai ale dok en silasil?

Dok en silasil ensoumwahu en wai iei wia mehn doandoar mwahu oh lipwan. Ekei aramas pahn kin anehki pepehm me sohte laud me duhete mwpos en peh, sin karakar, oh medek kan mwurin dok en silasil me kin mwauhla mwurin rahn ekei.



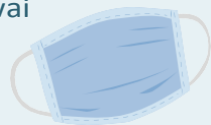
I kak alehdi dok en silasil en soumwahu COVID -19 de Soumwahu en wai ansou teh kis?

Ma me soumwahu men mweimweieng en ale, koaros dok en silasil en soumwahu en wai de Soumwahu COVID – 19 kak wiawi ni ansou me ke pwarek iraih, me pil wia mehn kangong sang CDC oh pwihn en me kin apwapwalih Dok en silasil kan (ACIP).

Dah me wekipeseng nan pwungen soumwahu en wai oh soumwahu COVID - 19?

Koroas soumwahu en wai oh Soumwahu COVID-19 kin dou, ahpw re kolang ni soangen mwahs kei. Soumwahu COVID-19 kin kolang ni mwahs ehu me kadahniki koronafairus (me adiki SARS CoV 2) oh soumwahu en wai kin kolang ni mwahs

me dousang rehn me soumwahu en wai kan me kin dou nan sounpar koaros.



Tehte: Centers for Disease Control and Prevention (cdc.gov)

APIAHF
ASIAN & PACIFIC ISLANDER
AMERICAN HEALTH FORUM

Ong mehn kapatapat akan AA oh NH/PI tete kan ong kawewe ni lokaia kan, menlau pwarek National AA oh NH/PI Health Response Partnership Webpage nan kompiuder ni: www.AA-NHPIHealthResponse.org

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