

# Influenza (flu)

## FAQ

*Misilpig e bmar ni ma aff nma graer ko pul ni ragag nge tareb ngeyan ni mda ko pul nlal. U lan yu mariken.*

*Ba'aray boch e duwer u marngagen e misilpig nge fulweg riy u rogon ni ngam aywegnem ko biney e duw.*

### Urogon nma garaer e misilpig?

Misilpig ma garaer nga fithik nifeng niyara chochol, wa'ngis fa yib e non.



### Mini e gonpan e nge fek e vaccine?

Gubin e girdii ni nge fek e vaccine. Re tigel e murwel ni baaray ni kanog e CDC ngay ni ma pii e ayuw ni nge sagal ara taleg e misilpig be yogni gubin e bitir ni n'el e pul yangren nge mada' ko p'ilal e nge fek e vaccine u napan ngal'an yaren e misilpig Pi'in nib mom ni nge misilpig nge pi'in nibe diyen e ngari fek e vaccine.

### Mange pow ko m'ar ni misilpig?

Girdii ni ke misilpig e ma thamiy boch fa gubin e m'ar nib bode: guwal u dakaney, ulum, chochol, amith u kangay, manman pethung, amith u dowey, alngong, malmal nge bochiyay e sul'ugun nge yanyan kenggiy. (baga' ni pi'in nib bitir nge pi'lal).



### Mini e mom ni ngeb e misilpig ngak?

Demtrug bea ma rayib e misilpig ngak, machane kab almirin ngak e bitir ni kab ran, nel' e ragag yangrey ngalang, pin nib diyen, girdii nibay e m'ar rok ara girdii nib me'war fithiki dow. Rogon ni ngan ayweg ney ko misilpig e ngan fek e vaccine ni yu duw.

### Mingyal e nggu fek e vaccine?

Ngalan e yaren misilpig ni ma tabab ko pul ni ragag nge ta'reb ngani mda' ko pul ni lal. Ireray ngalan ni ngam fek e vaccine winter nge fall nge aywegem u napan ngalan e misilpig.



### Mangfan thingar gu fek e vaccine?

Mangfan thingar gu fek e vaccine? Vaccine ni ngan fek e bin thabi fel e kano ni ngan aywegney ko misilpig nge gubin e m'ar nib l'ag rogon ngaa, yan nge par u aspiatal ara yam.

Mu visit nag [cdc.gov/flu/prevent/vaccine-benefits.htm](https://www.cdc.gov/flu/prevent/vaccine-benefits.htm)  
Ngam nang marngagen e falngin e vaccine ko misilpig

### U orngin mit vaccine ko misilpig nibay?

U orngin mit vaccine ko misilpig nibay? Vaccine ko misilpig e yima kuruf nga dowey ara chusa nga daken pa'ay fa spray ni fen pethnguy. Chusa e fen a bitir ni nel' e pul yangren ma spray ni fen pethnguy e fen e lagruw e duw yangren nge mada' ko anngegi ragag nge mereb e duw yangren. Bukum mit e vaccine ko misilpig ni baa' nib thilthil nib chane gin ni ngongoliy riy.



*Bo'or boch marngagen ni gara pireg ko CDC Flu Vaccines: [cdc.gov/flu/prevent/flushot.htm](https://www.cdc.gov/flu/prevent/flushot.htm)*

Source: Centers for Disease Control and Prevention (cdc.gov)

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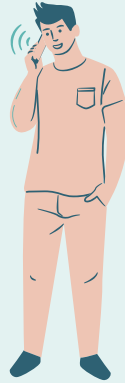
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## Frequently Asked Questions

### Lin pulwon e vaccine ko misilpig?

Pulwon e vaccine e beyan u rogon u tane insurance rom. Mu dengua nag e insurance rom ngan tamilang nigem riy ko ngam pii pulwon nib achig fa dariy pulwon. Kuer rogon ni health department ara health center e rayog ni nge pii nib lich pulwon fa dariy pulwon. Fanra ngam nang bocu marngagen pulwon e vaccine mag mag yan ko re site ne' [aa-nhpihealthresponse.org](http://aa-nhpihealthresponse.org)



### Uw e rayog nug fek e vaccine ko misilpig riy?

Rayog num fek ko pii clinic fa health center ni baaray:

- Primary Care Physicians
- Urgent Care/Minute Clinics
- Federally Qualified Health Centers
- Rural Health Clinics
- Native Hawaiian Health Centers
- Indian Health Service
- Local health departments
- Pharmacies  
(e.g., Walmart, Walgreens, CVS, Rite-Aid)



### Ragu M'ar fa guthamiy m'ar nge tomren ni kug vaccine?



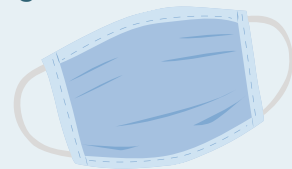
Vaccine ko misilpig e dabi karing m'ar. Boch e girdii e ra thamiy bochuw e amith u p'ay, buchi guwel ndegel nge amith u fithik l dowey napan ini rran.

### Rayog nug feke vaccine ko misilpig nge COVID-19 u taabang?

Fa'an rayog ko fare m'ar marayog ni ngan fek u taabang ni arregon ni beyog e CDC nge Advisory Committee u marngagen e chusa ara vaccine.

### Mange ba thil ko misilpig nge COVID-19?

Misilpig nge COVID-19 e logruw ni ta'ab rogon ni ma aff machane bthil e virus riy. COVID-19 yib ko coronavirus ni kanog e SARS CoV-2 ngay, ma misilpig e yib ko influenza viruses nima graer ko girdii ni yuduw.



*Gin ngan nang marngagen riy:* Centers for Disease Control and Prevention ([cdc.gov](http://cdc.gov))

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Boch marngagen AA nge NH/PI, wenig ngom mu guy re website ni baaray: [www.AA-NHPIHealthResponse.org](http://www.AA-NHPIHealthResponse.org)

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